



TENBY ROAD ACCESS INFORMATION - SUNDAY 9 SEPTEMBER – PLAN AHEAD

Tenby will host athlete registration, EXPO, transition, IRONKIDS and the swim, bike and run course for IRONMAN Wales. Temporary road closures will be in place during race week to ensure the safety of athletes and the public. These legal road closures are implemented under the Road Traffic Regulation (Special Events) Act 1994, and apply to all vehicles and bikes not involved in the event.

- Pedestrians **CAN** cross the course at any time when safe to do so.
- Essential access for carers will be facilitated. Please contact wales@ironmanroadaccess.com as soon as possible if access required.
- There are **NO RESTRICTIONS** at any time to the emergency services
- **Tuesday 4 – Thursday 6 September** - there are no road closures in place but there will be build and event activity at Five Arches Car Park and the Rectory Car Park throughout the week, and also for event de-rig **Monday 3 September– Tuesday 11 September**.

STREET	TIME	EVENT ACTIVITY	CLOSURE INFORMATION
Esplanade –(Picton Terrace to Victoria Street & it's remaining length in a westerly direction)	Friday 10:00 - Monday 12:00	Finish Line Area	Friday 7 Sept 10:00 midday - Monday 10 Sept 12:00 midday No parking between these times. The Esplanade from Picton Terrace and Victoria Street & its remaining length in a westerly direction will be closed. Alternative parking is available for residents, see car park information below.
Esplanade – Full	Saturday 10am – Monday 2am	IRONKIDS, Run Course & Finish Area	Saturday 8 10:00 – Monday 02:00. No parking or access from Saturday 07:00 to Monday 02:00, except for loading & unloading Saturday: 6pm – Midnight. Alternative parking is available for residents, see car park information below.
South Parade, South Cliff Street, Picton Terrace	Saturday 07:00 - Monday 02:00	Bike check-in & IRONKIDS	New Pedestrian Zone Saturday 8 September 10:00 to Monday 10 September 02:00 – no parking from Saturday 07:00 to 02:00. Vehicle access permitted for loading & unloading is ONLY Saturday before 10:00 and 18:00 – midnight. Alternative parking is available for residents, see car park information below.
Sutton Street, Victoria Terrace	Saturday 10:00 - Monday 02:00	IRONKIDS & Run Course	Vehicle access for loading and unloading only Saturday before 10:00 and 18:00 – midnight
Marsh Road	07:00 – 15:45	Bike course	Closed Westbound Sunday 07:00am to 15:45. Open eastbound for all traffic No parking Saturday 19:00 to Sunday 15:45
Broadwell Hayes	10:00 – 00:30	Bike course	Closed to all traffic 10:00 – 18:30 Open to northbound traffic ONLY 20:00 – 00:30 No parking Saturday 19:00 – Monday 12:30
Heywood Lane	07:00 – 00:30	Bike course	Heywood Lane will be closed eastbound between A4218 junction and The Green. No parking zone will be in place on Heywood Lane from Saturday 19:00 to Monday 00:30 - this is to ensure access for emergency vehicles and Park & Ride service.
Norton A478	11:00 – 00:30	Bike & run course	Closed from Broadwell Hayes to the junction at St John's Hill 11:00 – 00:30. No access from Norton into High Street or White Lion Street 06:00 – 01:00 No parking on Norton from Saturday 19:00 to Monday 00:30
Lower Park Road, Park Road, Upper Par Road	07:00 – 10:15	Bike course	No access from Upper Park Road to South Parade 06:00 – 01:00
Greenhill Road	10:30 – 18:30	Bike course	Greenhill Road will be open to one way traffic ONLY heading from The Green to turn at Greenhill Avenue 10:30 – 18:30 Greenhill Road from the Greenhill Avenue junction to South Parade will be closed between 10:00 – 18:30
Station Road, Queens Parade, Church Park, Trafalgar Road	10:30 – 18:30	Bike course	One way traffic ONLY bringing traffic to Park Road and then able to exit town from the Green.
The Croft, Crackwell Street, High Street, Upper Frog Street, St Julian's Street, Creswell Street, St Mary's Street, Lower Frog Street, Paragon	06:00 – 01:00	Run course	Road Closures from 06:00- 01:00 with parking restrictions in place from Saturday 19:00 to Monday 01:00.

PARKING

- **MONDAY 3 SEPTEMBER – TUESDAY 11 SEPTEMBER** Five Arches Car Park closed for the event build/de-rig and for Athlete Registration and EXPO.
- **WEDNESDAY 5 SEPTEMBER to TUESDAY 11 SEPTEMBER** Rectory Car Park Closed for the event build/de-rig Transition and Athlete Village
- **THURSDAY 6 TO SATURDAY 11 SEPTEMBER** the following car parks are open as normal: North Beach, Gas Lane, SA70 8AG; Multi-Storey, Park Road; Salterns, SA70 8EQ; The Green, SA70 8ES; South Beach, SA70 7EL, Station Road, SA70 7JY
- **SUNDAY 11 SEPTEMBER:** 07:00 - 10:00 – No access to the Multi-Storey, Salterns or The Green while the athletes are leaving transition. Other car parks open as normal. Park & Ride available from Carew Airfield on race day. See website for details

GET INVOLVED! We are on the lookout for volunteers to help in many roles including registration, transition, swim, bike and run courses, and the finish area. Our volunteers will see behind the scenes of a world class sports event, earn invaluable experience for their CV and help 2,400 athletes achieve their dream of becoming an IRONMAN. We also offer an incentive for volunteer groups of 10+. Register now at ironman.com/wales or contact wales@ironmanvolunteers.com

NEW MAP NEEDED

More road access information available from:

ironman.com/wales

wales@ironmanroadaccess.com

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