



# REGISTRATION FORM

for Unsupervised Climbing (for ages 18+ at the Hangout)



**Participation Statement:**

**"The British Mountaineering Council recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement."**

**Personal Information**

Please complete the form in **BLOCK CAPITALS**.

|                               |             |                               |            |
|-------------------------------|-------------|-------------------------------|------------|
| Surname:                      | First Name: | Title:                        | D.O.B: / / |
| Climbing Experience in years? |             | Do you boulder/climb outside? |            |

|   |                    |             |       |
|---|--------------------|-------------|-------|
| Where did you learn to climb?....At The Hangout | ...At another wall | Outside     | Other |
| Who taught you?.....Professional Instructors    | Family/Friends     | Self-taught | Other |

**Conditions of Registration**

If you are under 18 years of age **DO NOT** fill in this form!

Once you have read the **Conditions of Use and Rules** of the climbing centre, you must answer the following questions by writing either **"YES"** or **"NO"** in the box provided then sign the declaration at the bottom of the form. Only applicants who give satisfactory answers to the questions will be registered and allowed to climb unsupervised.

|   |  |
|---|--|
| Are you over 18 years of age?   |  |
| Have you read and understood the conditions of Use and Rules of the centre?   |  |
| *Can you put on a climbing harness correctly?   |  |
| *Can you attach a rope to your harness using a suitable climbing knot?<br>(Namely, a re-threaded figure of eight with a stopper knot) |  |
| *Can you use a belay device to secure a falling climber and lower a climber from the wall?  |  |
| Do you require instruction in any of the above three techniques (marked*)?  |  |
| <i>Do you understand that failure to exercise due care could result in injury or death?</i>   |  |
| <i>Do you have any questions regarding the application of the Conditions of Use or the Rules?</i>                                     |  |
| <i>Do you agree to abide by the Rules of the climbing centre?</i>   |  |

**Declaration of fitness:** I certify that to the best of my knowledge, I do not suffer from a medical condition which might have the effect of making it more likely that I be involved in an accident which could result in injury to myself or others.

**Declaration of Fact:** I also confirm that the above information is correct and if any information changes I will notify the centre:

|                                    |                 |
|------------------------------------|-----------------|
| Signature:                         | Date:           |
| Competency test completed?: YES/NO | Passed?: YES/NO |
| Signature of Instructor:           |                 |

# FFURFLEN GOFRESTRU

ar gyfer Dringo Heb Oruchwyliaeth

(ar gyfer y rhai 18+ oed yn The Hangout)

Datganiad Cymryd Rhan:

"Mae Cyngor Mynydda Prydain yn cydnabod bod dringo a mynydda yn weithgareddau gyda pherygl o anaf personol neu farwolaeth. Dylai cyfranogwyr yn y gweithgareddau hyn fod yn ymwybodol o'r risgiau hyn, a'u derbyn, a bod yn gyfrifol am eu gweithredoedd a'u rhan eu hunain."



## Gwybodaeth Bersonol

Llanwch y ffurflen hon mewn **PRIFLYTHRENNAU**.

|  |             |   |               |   |   |
|--|-------------|---|---------------|---|---|
| Cyfenw:                                  | Enw Cyntaf: | Teitl:  | Dyddiad Geni: | / | / |
| <i>Profiad Dringo mewn blynnyddoedd?</i> |             | <i>A ydych chi'n bowldro/dringo y tu allan?</i> |               |   |   |

|  |  |                 |  |              |  |       |  |
|--|--|-----------------|--|--------------|--|-------|--|
| <i>Ble wnaethoch chi ddysgu dringo?....Yn The Hangout</i>      |  | ...Wal arall    |  | Tu Allan     |  | Arall |  |
| <i>Pwy wnaeth eich dysgu chi?.....Hyfforddwyr Proffesiynol</i> |  | Teulu/Ffrindiau |  | Dysgu fy Hun |  | Arall |  |

## Amodau Cofrestru

Os ydych chi'n iau na 18 oed **PEIDIWCH** â llanw'r ffurflen hon!

Ar ôl i chi ddarllen **Amodau Defnydd a Rheolau** y ganolfan ddringo, rhaid i chi ateb y cwestiynau a ganlyn trwy ysgrifennu naill ai "V" neu "X" yn y blwch a ddarperir yna llofnodi'r datganiad ar waelod y ffurflen. Dim ond ymgeiswyr a fydd yn rhoi atebion boddhaol i'r cwestiynau fydd yn cael eu cofrestru a'u caniatáu i ddringo heb oruchwyliaeth.

|   |                          |
|---|--------------------------|
| <i>Ydych chi'n 18 oed?</i>  |                          |
| <i>A ydych chi wedi darllen a deall Amodau Defnydd a Rheolau'r ganolfan?</i>  |                          |
| <i>*A allwch chi wisgo harnais ddringo yn gywir?</i>  |                          |
| <i>*A allwch chi gysylltu rhaff â'ch harnais gan ddefnyddio cwlwm dringo addas?<br/>(Namely, a re-threaded figure of eight with a stopper knot)</i>   |                          |
| <i>*A allwch chi ddefnyddio dyfais belai i ddiogelu dringwr sy'n disgyn a gostwng dringwr o'r wal?</i>  |                          |
| <i>A ydych chi angen hyfforddiant yn unrhyw un o'r tair techneg uchod (wedi'i nodi*)?</i>   |                          |
| <i>A ydych chi'n deall y gallai methu bod yn ofalus arwain at anaf neu farwolaeth?</i>  |                          |
| <i>A oes gennych unrhyw gwestiynau yn ymwneud â chymhwys o'r Amodau Defnydd neu'r Rheolau?</i>  |                          |
| <i>A ydych chi'n cytuno i gadw wrth Reolau'r ganolfan ddringo?</i>  |                          |
| <b>Datganiad ffitrwydd:</b> Ryw'n tystio hyd eithaf fy ngwybodaeth, nad wyf yn dioddef o gyflwr meddygol a allai olygu fy mod yn fwy tebygol o gael damwain a allai arwain at anaf i fy hun neu eraill. |                          |
| <b>Datganiad o Ffath:</b> Rywf hefyd yn cadarnhau bod y wybodaeth uchod yn gywir ac os bydd unrhyw wybodaeth yn newid byddaf yn hysbysu'r ganolfan:   |                          |
| Llofnod:  | Dyddiad:                 |
| Competency test completed?: YES/NO  | Signature of Instructor: |