

Oriau Agor Gwyl y Banc Bank Holiday Opening Hours

Ystafell Ffitrwydd

Fitness Suite

08:00 – 15:00

Pwll Nofio

Swimming Pool

08:00 – 09:00	Oedolion yn Unig / Adults Only
09:00 – 10:00	Nofio Lon / Lane Swimming
10:00 – 13:00	Sesiwn Hwyl / Fun Session
13:00 – 15:00	Nofio Cyhoeddus Am Ddim i blant odan 16 Public Swimming Free for children under 16