

Fishguard Leisure Centre

Centre Opening Times

Monday 0700-2100

Tuesday 0700-2100

Wednesday 0700-2100

Thursday 0700-2100

Friday 0700-2100

Saturday 0815-1700

Sunday 0830-1500

Please Note:

The Gym is closed to the Public

Wednesday 1300 – 1400 - Cardiac Group Only

Canolfan Hamdden Abergwaun

Oriau Agor y Ganolfan

Llun 0700-2100

Mawrth 0700-2100

Mercher 0700-2100

Iau 0700-2100

Gwener 0700-2100

Sadwrn 0815-1700

Sul 0830-1500

Nodwch:

Sylwer fod y Gampfa ar gau i'r cyhoedd

Mercher 1300 – 1400 - Grwp Cardiaidd Unig