

IRONMAN WALES ROAD ACCESS INFORMATION – SUNDAY 15 SEPTEMBER 2019

CAREW, CRESSELLY, TEMPLETON, NARBERTH, PRINCES GATE, SUMMERHILL, WISEMANS BRIDGE, AMROTH SAUNDERSFOOT, NEW HEDGES

Temporary road closures will be in place for IRONMAN Wales race day (Sunday 15 September) to ensure the safety of athletes and the public. These legal road closures are implemented under the Road Traffic Regulation (Special Events) Act 1994, and apply to all vehicles and bikes that are not involved in the event. Please use this information to plan your journey in advance, and so minimise the inconvenience to your travel on race day.

- Please avoid parking on any section of the bike course for safety reasons.
- Pedestrians can cross the course at any time when safe to do so.
- Essential access for carers will be facilitated. Please contact wales@ironmanroadaccess.com as early as possible.
- There are **NO RESTRICTIONS** at any time to any of the emergency services
- **DETOUR ADVICE:** The A477, A40 and A4076 are unaffected by the road closures.

AREA	CLOSURES	DETAILS
CAREW	09:00 - 17:00	The bike course follows Bird's Lane before taking a left onto the A4075 around Carew Methodist Chapel before travelling North through Cresselly up to Templeton and Narberth. The road will be fully closed from 09:00 – 17:00. CAREW PARK & RIDE – There will be a two-day athlete and spectator Park & Ride available from Carew Airfield on Saturday 14 th and Sunday 15 th September into Tenby (Saturday and Sunday) & Saundersfoot (Sunday only). Please visit www.ironman.com/wales to find out more information. Carew Airfield can be easily accessed via the A477.
CRESSELLY, CROSS HANDS	09:00 - 17:00	The bike course continues Northbound on the A4075 through Cresselly before taking a right turn onto the A4115 at Cross Hands towards Templeton. These roads will be FULLY closed between 09:00 – 17:00. ACCESS ADVICE: There are two traffic managed vehicle crossing points on this section of the course. The first is in Cresselly allowing traffic to flow from Cresswell Quay across the course to Lanesend and back. The second is in Molleston crossing the A4115. Traffic can still flow Southbound in Cross Hands from the A4075 turning right towards Oasis Park/Pembrokeshire Wake Park.
TEMPLETON	09:30 - 17:30	The bike course follows the A478 Northbound through Templeton and into Narberth. ACCESS ADVICE: The road will be closed Northbound ONLY so traffic can flow Southbound throughout the day.
NARBERTH	09:30 - 18:15	The bike course travels on the A478 through the centre of Narberth taking a right onto Spring Gardens and continuing Eastbound on the B4314 (Station Rd). The roads will be FULLY closed from ACCESS ADVICE: There is a vehicle crossing point at the junction of the B4314 and A478 for residents.
PRINCES GATE, LUDCHURCH, SUMMERHILL, WISEMANS BRIDGE	09:30 - 18:15	The bike course continues Southbound down the B4314 before taking a right to the Princes Gate Factory. The bikes then travel Southbound over the A477, through Summerhill and Wisemans Bridge. These roads will be FULLY closed from 09:30 – 18:15. ACCESS ADVICE: There is a vehicle crossing point where the bike course crosses Ludchurch Cross to allow to traffic to flow East from Templeton. There is access all day to Folly Farm via the A477. ACCESS TO TENBY: Tenby can be accessed from the A477 through Pentlepoir and down Devonshire Drive.
AMROTH	NO ACCESS VIA SUMMERHILL 09:30 – 18:15	There is clear access in and out of Amroth all day via the A477, businesses are open as usual. Caravans and large vehicles please use the A477 and travel south on the B4314 through Red Roses and Pendine, then Westbound through Marros to reach Amroth. Cars and small vehicles can access Amroth from the A477 and South past Amroth Bay Holidays. There will be no access in or out of Amroth via Summerhill between 09:30 – 18:15.
SAUNDERSFOOT	09:30 - 18:30	The bike course continues Southbound on Frances Road and Cambrian Place through the centre of Saundersfoot, before climbing out of the town using the B4316. The roads are FULLY closed from 09:30 – 18:30 ACCESS TO TENBY: Tenby can be accessed from the A477 through Pentlepoir and down Devonshire Drive.
NEW HEDGES	10:00 - 00:30	The bike and run course utilise the A476 (Narberth Road) throughout the day. The road will be fully closed from Twycross Roundabout into Tenby from 10:00 – 00:30 on Monday the 16 th of September. The B4316 will also be closed from 10:00 – 00:30 on Monday the 16 th of September for the run course. There will be managed access into New Hedges from Broadfield Rd between 09:30 – 18:30.
TENBY	SUNDAY 9 TH SEPTEMBER	North Beach Car Park – Access via the A478 until 10:00 on Sunday 15 th September. The car park will be locked down from 11:00 – 00:30 on Monday the 16 th September. South Beach Car Park – Access via Marsh Road (A4139) and use the one-way system from Greenhill Road to South Beach. Exit will be using Upper Park Road/Park Road and Heywood Lane (B4318) throughout the day. Tenby Multi-storey Car Park – There will be no access to the car park between 07:00 – 10:15 as Park Road is closed. Exit will be via Upper Park Road/ Park Road and Heywood Lane (B4318). Salterns Car Park – Please follow the one-way signage in place.

