RULES	New Wales rules Update 2 nd November
	We need to stick to Wales rules.
	Mark Drakeford gave some news today.
Closed	This is what we need to do after the firebreak ends.
November 9	The firebreak ends on 9 th November.
	Most of all, he said we need to be careful . These are the rules, but all of us must:

2 metres 6 feet	 Keep our distance Wash our hands Wear our masks See as few people as possible
November 9	From 9 th November:
	Shops can open again
	And hairdressers
	And gyms
Ale Lager Stout	And pubs and restaurants

	You can form a bubble with one other family and meet them in your home.
15	Up to 15 people can meet indoors to do an activity (like PPF)
30	And up to 30 outside
2 metres 6 feet	But you must keep a distance
* * * * * * * * * * * * * * * * * * *	There will be rules for cafes and pubs and restaurants. He will tell us those soon
	You can travel within Wales
Grant	But travel as little as possible. And stay at home if you can.

Corona	If the virus gets worse again, these things will stop.
San deling .	Tell someone if you feel ill, so you can isolate.
	We hope things are getting better.
	And want to say "well done" to everyone for coping with this.
	But please stay safe.
Pembrokeshire Community Cymunedol Sir Benfro	The Pembrokeshire Community Hub is there to help. On 01437 776301
PPF Gentre for Independent Living Contre for Independent Liv	Ask PPF if you have any questions. 01437 769135. Monday – Thursday 10-4